






# ALL DAY COCKTAILS

 <b>MIMOSA</b> Prosecco, orange juice	14	 <b>BLOODY MARY/MARIA</b> Vodka / Tequila, House Bloody Mary mix	15
 <b>GINGER MARGARITA</b> Tequila, ginger syrup, orange liquor, lime	16	 <b>CUCUMBER MARTINI</b> Vodka, lemon, Demerara, St-Germain, cucumber	17
 <b>SPICY HIBISCUS MARGARITA</b> Tequila, hibiscus, orange liquor, jalapeño, lime, honey, raspberry cordial	16	 <b>ESPRESSO MARTINI</b> Vanilla vodka / Reposado Tequila, espresso, Kahlúa, Demerara	17
 <b>PALOMA</b> Tequila, grapefruit, lime, agave, salt	16	 <b>CLASSIC NEGRONI</b> Gin, sweet vermouth, Campari	15
 <b>MACK'S OLD FASHIONED</b> Japanese rye whiskey, Amaro, Demerara, orange	17	 <b>PEACH BELLINI</b> Prosecco, white peach purée	14
 <b>APEROL SPRITZ</b> Aperol, Prosecco	15	 <b>HUGO SPRITZ</b> Prosecco, St-Germain, soda water, sprig mint	15

# HARD ICED LATTÉS

 <b>THE OG</b> Espresso, vodka, Bailey's, Frangelico, orange bitters, simple syrup, almond milk	15	 <b>HARD TURKISH LATTÉ</b> Espresso, vodka, Disaronno, bitters, almond milk with vanilla, cardamom and cinnamon	15
 <b>HARD MATCHA LATTÉ</b> Tequila, Combier, lime zest, coconut milk	15	 <b>HARD CHAI LATTÉ</b> Chai, gin, Amaro, bitters, almond milk	15

## WHITE



### BORTOLUZZI

Pinot Grigio, Friuli-Venezia, Giulia, Italy

14 / 42

### BRAVIUM

Chardonnay, Russian River, California, USA

16 / 48

### TERRAS GAUDA

Albariño, Galicia, Spain

15 / 45

## RED

### FIRESTEED

Pinot Noir, Willamette Valley, Oregon, USA

14 / 45

### BONANZA (LOT 6)

Cabernet Sauvignon, California, USA

15 / 45

### ALAMOS

Malbec (Estate), Mendoza, Argentina

14 / 42

## ROSÉ & SKIN CONTACT

### MARIS RARE

Orange, Loire Valley, France

14 / 42

### ULTIMATE PROVENCE

Rosé, Côtes de Provence, France

16 / 48

## SPARKLING

### COL DORATO

Prosecco, Veneto, Italy

14 / 40



# NEW YORK HAPPY MEAL

Your choice of drink, french fries, herb aioli

20

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## BEER

YEUNGLING LAGER	7	SLOOP, JUICE BOMB IPA	9
MILLER HIGH LIFE	7	DOWNEAST ORIGINAL CIDER	7
SWITCHBACK AMBER ALE	8	MONTAUK BREWING PILSNER Draft	8
CORONA EXTRA	7	MONTAUK BREWING WAVE CHASER IPA Draft	10
PERONI LAGER Draft	9	ATHLETIC BREWING, NA IPA	7
GUINNESS DRAUGHT STOUT Draft	10	ATHLETIC BREWING, NA LITE	7

## MOCKTAILS

CHILE-LIME-PINEAPPLE SODA	10	STRAWBERRY-GINGER LEMONADE	10
CHAI BLOSSOM	10	ST. AGRESTIS NEGRONI	10

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## COFFEE & ESPRESSO

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DRIP COFFEE	3.25 / 3.50	CAPPUCCINO	4.50 / 5.00
ICED COFFEE	3.50 / 4.00	AMERICANO	3.75 / 4.25
LATTÉ	5.00 / 5.50	DOPPIO	4.00
CORTADO	4.00		

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## SPECIALTY LATTÉS

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CHAI LATTÉ	5.50 / 6.00	TURKISH LATTÉ	5.50 / 6.00
MATCHA LATTÉ	5.50 / 6.00	With vanilla, cardamom and cinnamon	
Contains dairy		NUTELLA™‡ LATTÉ	5.50 / 6.00
MOCHA LATTÉ	5.50 / 6.00	TURMERIC LATTÉ	5.50 / 6.00
FRENCH TOAST LATTÉ	5.50 / 6.00	Turmeric and ginger with steamed milk	
With maple, vanilla and cinnamon			

## ETC.

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LEMONADE	3.00 / 3.50	HOT TEA	3.50
HOT GINGER TEA	4.00	ICED TEA	3.50 / 4.00
RED, WHITE & BLUEBERRIES	3.50 / 4.00	HOT CHOCOLATE	2.50 / 3.00

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# PARFAITS

substitute cashew or coconut yogurt + 2

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<b>CRUNCHY ELVIS<sup>‡</sup></b>	12	<b>MORNING ZEST PARFAIT<sup>‡</sup></b>	12
Greek yogurt, Vanilla Almond granola, almond butter, honey, banana		Greek yogurt, strawberry compote, almond butter, Morning Zest granola	
<b>THE CLASSIC<sup>‡</sup></b>	12	<b>BALANCE BOWL<sup>‡</sup></b>	14
Greek yogurt, Cinnamon Honey granola, strawberries, blueberries		Cottage cheese, peach, raspberry, almond butter, Morning Zest granola	
<b>AFTERNOON DELIGHT<sup>‡</sup></b>	12	<b>COCONUT PEACH<sup>‡</sup></b>	14
Greek yogurt, Vanilla Almond granola, dark chocolate chunks, berry compote		Cashew yogurt, Toasted Coconut granola, peach compote, raspberries, coconut flakes	

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# SMOOTHIES

vanilla, chocolate or pea protein + 2

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<b>VERY BERRY</b>	10	<b>THE GOOD DATE<sup>‡</sup> ⑤</b>	10
Strawberry, banana, honey, Greek yogurt, milk		Dates, banana, cinnamon, almond butter, almond milk	
<b>THE SHREK<sup>‡</sup> ⑤</b>	10	ADD ESPRESSO + 2	
Kale, spinach, banana, apple, almond butter, almond milk		<b>THE MOUNTAIN<sup>‡</sup></b>	12
<b>BERRY CHIA<sup>‡</sup> ⑤</b>	11	Chocolate whey protein powder, banana, almond butter, almond milk	
Strawberry, blueberry, banana, almond milk, flax, chia		ADD ESPRESSO + 2	
<b>POWER MATCHA<sup>‡</sup></b>	12	<b>FROZEN HOT CHOCOLATE</b>	8
Vanilla whey protein powder, banana, almond milk		WITH THE WORKS + 1	

<sup>‡</sup> Contains nuts. Before placing your order, please inform your server if a person in your party has a food allergy.

⑤ vegan

# ALL DAY BREAKFAST

<b>BACON EGG &amp; CHEESE*</b>	9	<b>THE HEISENBERG*</b>	14
Over easy egg with cheese and bacon on brioche		Scrambled eggs, breakfast sausage, bacon, cheddar cheese, hot sauce in a grilled whole wheat wrap	
<b>EGG BOWL OF THE DAY</b>	12	<b>THE STANDARD*</b>	16
		Three eggs any style, with bacon or breakfast sausage. Served with toast or greens	
<b>PESTO &amp; EGG WRAP ‡*</b>	13	<b>BUFFALO BEC*</b>	13
Scrambled eggs, avocado, parmesan, pesto		Bacon, egg, American cheese, avocado, buffalo style cream cheese on an everything bagel	
<b>OVERNIGHT OATS</b>	10	<b>BREAKFAST BURRITO*</b>	14
Coconut flakes, chia seeds		Scrambled eggs, quinoa, black beans, avocado, American cheese, pico de gallo in a grilled whole wheat wrap	
<b>CHALLAH FRENCH TOAST</b>	13	<b>VEGAN BURRITO</b>	13
Served with fresh berries and maple syrup		Whole wheat wrap, spinach, hashbrown, black beans, avocado, pickled onion, chimi, cauliflower	
<b>BUTTERMILK PANCAKES</b>	13	<b>STEAK &amp; EGG BURRITO*</b>	18
Served with fresh berries and maple syrup		Hashbrowns, black beans, avocado, pickled onions, scallions, chimichurri, jalapeño sauce	
<b>SWEET POTATO PANCAKES</b>	14	<b>BAGEL &amp; LOX*</b>	15
Topped with whipped butter and maple syrup		Smoked Nova salmon, scallions, cream cheese, cucumber and pickled onion on a toasted everything bagel with side of greens	
<b>THE DANA</b>	14		
Egg whites, spinach, avocado, turkey bacon in a whole wheat wrap			
<b>HUEVOS RANCHEROS</b>	14		
Two soft eggs, cotija cheese, avocado, spiced black beans, salsa macha, served on crispy tortillas with pickled onion and pico de gallo			

\* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

‡ Contains nuts. Before placing your order, please inform your server if a person in your party has a food allergy.

# SIGNATURE TOASTS

<b>CLASSIC AVOCADO</b> ①	14	<b>SPICY TUNA TARTARE*</b>	22
On toasted sourdough		Avocado, buffalo cream cheese and radish on everything bagel	
FETA & CRUSHED RED PEPPER + 4			
APPLE, GOAT CHEESE & HONEY + 6			
OVER EASY† OR HARD BOILED EGG + 3			
TUNA TARTARE* + 12			
SMOKED NOVA SALMON* + 12			
<b>GRILLED PEACH &amp; RICOTTA</b>	16	<b>MUSHROOM</b>	16
Grilled peaches, whipped ricotta, hot honey and mint on sourdough		Whipped ricotta, roasted mushrooms and chimichurri	
<b>SUMMER AVOCADO TOAST</b>	16	<b>RASPBERRY &amp; COTTAGE CHEESE</b>	14
Salsa macha, grated egg & lemon zest		Fresh raspberries, cottage cheese, raspberry reduction	

# SALADS & BOWLS

GRANOLA ‡ + 2 PORK CARNITAS + 6 CHICKEN + 7 SALMON + 10  
STEAK\* + 12 SESAME-CRUSTED TUNA\* + 12 MARINATED TOFU + 8

<b>BRUSSELS &amp; KALE</b> ‡	16	<b>CRISPY KALE &amp; HALLOUMI</b>	21
Brussels sprouts, kale, quinoa, dried cranberries and sesame almonds, maple mustard dressing		With gooseberries, toasted pumpkin seeds and cider vinaigrette	
<b>THE BAR CAESAR</b> * ‡	16	<b>NAUGHTY COBB</b> ‡	18
Romaine, shaved Brussels and cauliflower, Parmesan Rosemary granola, lemon anchovy dressing		Mixed greens, chicken, hard boiled egg, feta, tomato, cucumber, Maple Bacon granola and fig balsamic vinaigrette	
<b>POWER BOWL</b> *	16	<b>TACO BOWL</b>	18
Sautéed spinach, avocado, portobello mushrooms, tomato and soft egg on warm quinoa		Pork carnitas, avocado, sweet potato, spiced black beans, pickled onion, pico de gallo and parmesan jalapeño sauce over roasted cauliflower	
<b>MACRO BOWL</b>	18	<b>TURKEY CHILI BOWL</b>	16
Roasted cauliflower, beet hummus, sweet potato, goat cheese, walnuts, over sautéed kale with tahini vinaigrette		Turkey chili over quinoa, shredded cheddar, sliced avocado, chives, sour cream	
<b>HERB LIME RICE BOWL</b> ①	16	<b>SESAME SEARED TUNA</b> *	26
Edamame, corn, cilantro, crispy chili, furikake, fresh lime		Baby kale, avocado, watermelon radish and miso ginger vinaigrette	

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# SANDWICHES

ADD FRIES + 3

## PARMESAN-CRUSTED AVOCADO GRILLED CHEESE 18

On sourdough with fries

## THE 203 16

Chicken, bacon, cheddar, tomato, mixed greens, green goddess, on brioche with side of greens

## TUNA SANDWICH 15

Tuna, heirloom tomato, avocado, arugula, salsa macha on toasted sourdough with fries

## BLACKENED SALMON WRAP 17

Blackened salmon, warm quinoa, balsamic onion jam, avocado, green goddess dressing with side of greens

## ALMOND CHICKEN SALAD WRAP<sup>‡</sup> 16

Chicken salad with Maple Bacon granola, grapes, mixed greens, heirloom tomato in a whole wheat wrap with side of greens

## CHICKEN CAESAR WRAP 16

Grilled chicken, romaine, shaved Brussels and cauliflower, Parmesan Rosemary granola, lemon anchovy dressing with fries

## THE BRUNCH BURGER\* 21

Dry-aged double smash patty, lettuce, heirloom tomato, bacon, American cheese, soft egg with TGB Sauce and fries

## STEAK & CHIMI\* 22

Seared steak, arugula, avocado aioli, crispy shallots, chimichurri on toasted sourdough with fries

## HOT HONEY CHICKEN SANDWICH 18

Asian slaw, pickles, green goddess on brioche with fries

## BUFFALO CHICKEN WRAP 16

Chicken, cheddar cheese, parmesan jalapeño sauce, hot sauce, mixed greens, heirloom tomato in a whole wheat wrap with side of greens

## THE RACHEL 17

Grilled turkey, Swiss, coleslaw and TGB sauce on sourdough with side of greens

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# TO SHARE

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**PULL APART DRY-AGED BEEF SLIDERS\*** (6 PER ORDER) 23  
With Vidalia onion, pickles, cheddar and TGB Sauce

**BURRATA<sup>‡</sup>** 18  
Heirloom tomato, basil pesto, sourdough and Parmesan Rosemary granola

**EVERYTHING PIGS IN A BLANKET** 18  
Served with spicy mustard

**SHISHITO PEPPERS** 12  
With sea salt

**CRISPY KOREAN CHICKEN WINGS** 18  
Gochujang, sesame seeds, green onions

**CRISPY BRUSSEL SPROUTS<sup>‡</sup>** 13  
With mint, cashews and chili lime vinaigrette

**FRIES WITH TRUFFLE AIOLI** 10

**FRENCH FRIES** 8

**FRUIT BOWL** 8

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# DESSERT BARS

*Made with love & oats in Westport, CT*

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## CLASSIC

**ALMOND BUTTER CHOCOLATE CHUNK** 6  
Rice cereal, almond butter, milk chocolate chunks

**OG** 6  
Almonds, cashews, coconut flakes, honey, butter

**S'MORES BAR** 6  
Marshmallow, chocolate chips, graham cracker crumb

**NUTELLA™** 6  
Rice cereal, almonds, Nutella™

**FUDGE BROWNIE** 6

**COOKIE DOUGH BROWNIE** 6

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## SIGNATURE

**SEEDED CHERRY ALMOND** ⑧ 8  
Almonds, dried cherries, currants

**COCONUT APRICOT MACAROON** 8  
Coconut, apricots, orange zest

**JAMMY BAR** 8  
Chia, pistachios, raspberry jam

**LEMON OAT CURRANT** 8  
Lemon, rosemary and currants

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## À LA MODE

Your choice of one dessert bar. Served warm, topped with vanilla ice cream and whipped cream

+ 5

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# THE GRANOLA BAR

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